

REFERRAL PROFORMA

Refer all pregnant patients to obstetric triage.
Other patients should be referred directly to Ambulatory Care from ED triage from 9am to 2pm Monday to Friday.
After 2pm and at weekends and bank holidays use the referral pathway below if patient has STP affecting the proximal long saphenous vein or has clinical signs of DVT and requires an ultrasound scan.

Steps

Take blood for FBC, U+E, glucose, LFTs, INR.

Request leg ultrasound on Trak.

Check platelet count and bleeding risk - do not give Enoxaparin if platelet count $< 50 \times 10^9/L$.

Check kidney function – do not give Enoxaparin if creatinine clearance < 30 mls/min and do not give Apixaban if < 15 ml/min.

Check other contra-indications and use patient counselling sheets for both.

Refer to NHS Lothian Antithrombotic Guide and contact senior doctor or haematology if contra-indication or bleeding risk exists.

Start anticoagulation with Apixaban 10mg twice daily or therapeutic Enoxaparin as per NHS Lothian Antithrombotic Guide if no contra-indication to anticoagulation and no bleeding risk.

In body weight extremes > 200 kg for Enoxaparin and > 150 Kg for Apixaban, discuss with senior doctor or Haematology, as off-label dosing and LMWH monitoring may be required.

To book patient into the clinic:

- Complete the patient's notes or discharge letter on Trak.
- Ask ED or AMU reception to book patient into the next day ambulatory care clinic as a NEW STP patient.

Advise patient they will be contacted with time for leg ultrasound and review in the Acute Medical Unit

Discharge with oral advice to return if worse and patient information leaflet.

Dr Ross Murphy July 2024.

Updated October 2025

Review date July 2027.

You are being investigated or treated for the cause of your illness and the medical team looking after you have decided that you are well enough to go home and have this done as an out-patient.

We would like you to return to the Acute Medical Unit Reception Area on / / where you will be seen in the Ambulatory Care Clinic.

- If you are being investigated for a clot in the leg the nursing staff there will contact you that morning with the exact time that you should attend.
- If you are being investigated for a clot in the lung you should attend the Acute Medical Unit Reception Area at 10am.
- All other patients should be given a time to attend prior to discharge.

You may have been commenced on treatment while we wait to get the tests done and you may require further treatment at the clinic.

Sometimes it can take more than one day to arrange the tests you require, especially if you come at the weekend.

If you do require further tests, such as a scan, you should also return to the Ambulatory Care Clinic after the test. You will likely be given the result later that day and reviewed by medical staff there.

Please continue to take any other medications prescribed for you unless advised to stop them.

Please be aware that you may spend some hours in the clinic and please bring an overnight bag in case you subsequently need hospital admission.

You should attend the Emergency Department if you become more unwell after going home.

**You can telephone for advice if you are unsure:
Emergency Department - 0131- 2421300
Acute Medical Unit - 0131- 2421422**