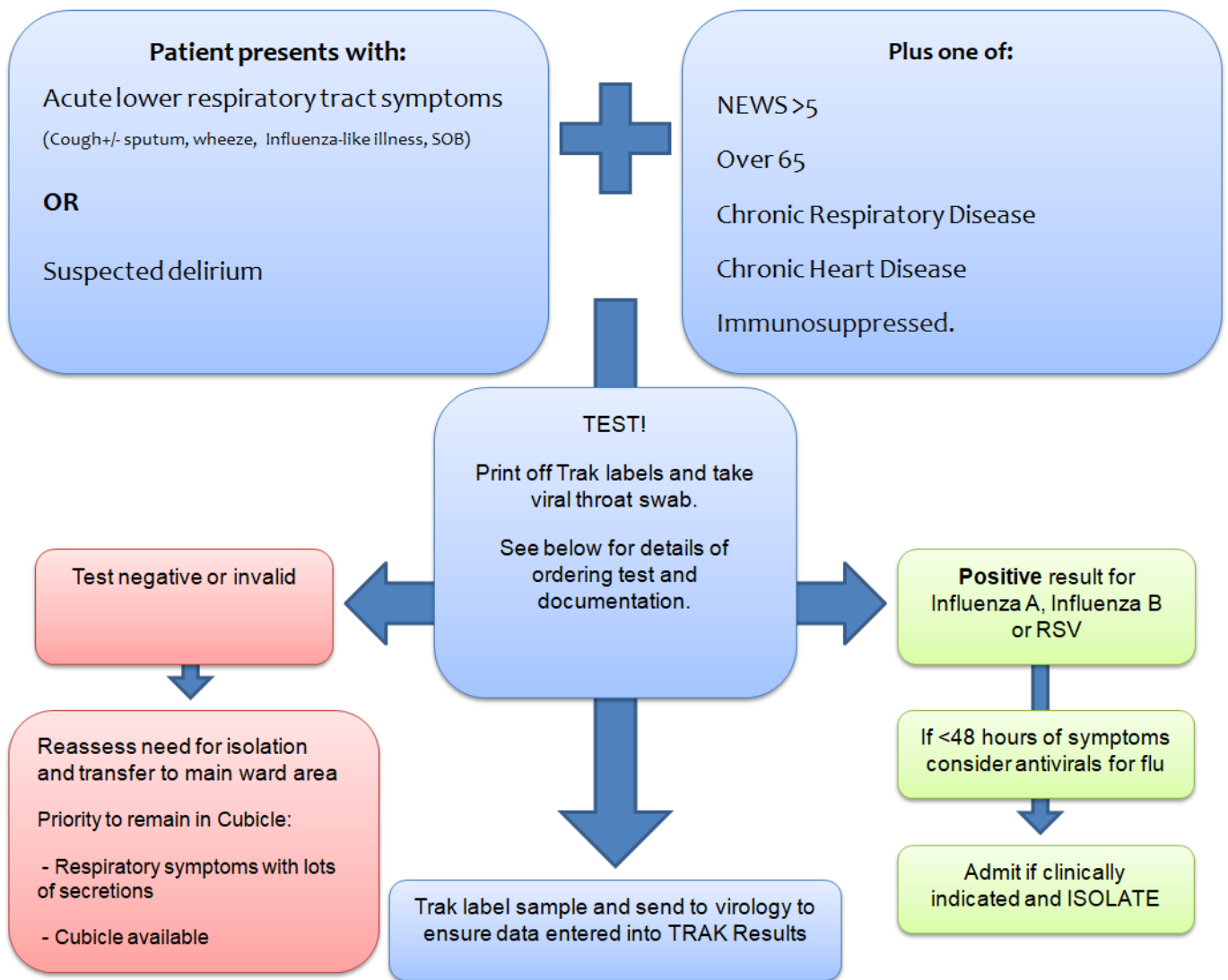


# Guidance of Point of Care Influenza Testing in the ED



See next page for how to order and documentation.

Goal of testing is to cohort patients in wards and so improve capacity/infection control.

Patients should be tested early in their clinical journey (triage or HD/IC).

Tests take 30 mins or so – you have to go back and check.

Waiting for flu test is not an appropriate reason for a patient to breach.

Admission decision is clinical – not related to test results.

Patients can also be tested from AMU.

**Standard treatment regimen for Flu A or B (but not RSV):**

**Adult 18+ Oseltamivir 75 mg PO BD for 5 days.**

**See BNF for special groups and paediatrics.**

**For more details on who to treat see ED flu treatment guidance document.**

**For more details on treatment options click [HERE](#)**

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TO PRINT A YELLOW LABEL FOR THROAT SWAB

Clinical Menu > Order

Search for Xpert and select ***xpert resp viral profile***

Send sample to lab **after** doing starting the POC test.

Use \xpert to record the result in the clinical notes.

**SAMPLE MUST** be sent to lab with TRAK Barcode in order to get the results into TRAK



**RESULT** using \xpert must be entered into TRAK to ensure test is NOT repeated unnecessarily

PHE/HPS Health Professional Guidance on flu treatment including evidence:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/370673/AV\\_full\\_guidance.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/370673/AV_full_guidance.pdf)

For help or advice Kate Templeton Consultant Clinical Scientist might be able to help.

EXT 26015 or [kate.templeton@nhslothian.scot.nhs.uk](mailto:kate.templeton@nhslothian.scot.nhs.uk)

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